



## Dilator Comparison Chart

Brand	Material	Sizes								Sets?	Vibrating?	Notes
		Size 1	Size 2	Size 3	Size 4	Size 5	Size 6	Size 7	Size 8			
<b>Intimate Rose</b>	silicone	0.45"W x 2.8"L	0.7"W x 3.5"L	0.83"W x 3.7"L	0.95"W x 4.45"L	1.0"W x 5.0"L	1.07"W x 5.6"L	1.3"W x 6.1"L	1.5"W x 6.5"L	S:1-4, M:3-6, L:5-8, or all 8	Nope	full kit: \$178, <b>individuals</b> range from \$15-\$40 depending on size.
<b>Soul Source</b>	silicone	0.5"W x 2.5"L	0.75"W x 3"L	0.88"W x 3.5"L	1.0"W x 4"L	1.13"W x 4.5"L	1.25"W x 5"L	1.44"W x 5.5"L	1.63"W x 6"L	S:1-4, M:3-6, L:5-8, progressive set: 1,3,5,7 or all 8	Nope	full kit: \$189, <b>individuals</b> range from \$16.20-\$49.50
Petala	silicone	0.51"W x 4.8"L	0.71"W x 5.39"L	0.91"W x 6.02"L	1.1"W x 6.69"L	1.26"W x 7.48"L					Nope	\$117.99 with companion app
She-ology Wearable	silicone	0.53"W x 2.67"L	0.74"W x 2.96"L	0.85"W x 3.02"L	0.97"x3.12"L	1.18"W x 3.33"L					Yes, has vibrating option	\$74.95, set of 5. Wearable?! Somewhat curved. Also has spot to add small vibrator
<b>Restore Silicone</b>	silicone	0.51"W x 2.46"L	0.76"W x 3.2"L	0.87"W x 3.4"L	0.96"W x 4.2"L	1.02"W x 4.7"L	1.11"W x 5.3"L	1.35"W x 5.9"L	1.56"W x 6.2"L	S:1-4, M:3-6, L:5-8, Set of 1-6, Set of 1-8	Nope	179.99 for full set, <b>individuals</b> range from \$14 - \$39, tapered end is slightly less width
VWell	silicone	0.62"W x 4.25"L	0.82"W x 4.85"L	1.02"W x 5.45"L	1.22"W x 5.95"L	1.42"W x 6.45"L					Nope	\$59.95
Goodup	silicone	0.51"W x 4.33"L	0.83"W x 5.71"L	0.98"W x 6.89"L	1.26"W x 7.68"L						Nope	\$34.99, somewhat curved, hole for finger hold at ends
<b>Tantus Silk</b>	silicone	0.8"W x 4.25"L	1.1"W x 5.25"L	1.5"W x 7"L							Nope	Long & curved - purchase <b>individually</b> \$29-\$40
<b>Restore Plastic</b>	plastic	0.61"W x 2.5"L	0.76"W x 3"L	0.92"W x 3.6"L	1.11"W x 4.3"L	1.31"W x 5.4"L	1.54"W x 6"L	1.73"W x 6.5"L			Nope	Attach to handle, kit of 7: \$68.99, <b>individuals</b> range: \$9-\$11 (size 5)
Hope & Her	plastic	0.6"W x 3.48"L	0.88"W x 3.97"L	1.04"W x 4.46"L	1.19"W x 4.95"L	1.35"W x 5.45"L	1.5"W x 5.96"L				Nope	Attach to handle, kit: \$44.95, same as vaginismus
Vaginismus	plastic	0.6"W x 3.48"L	0.88"W x 3.97"L	1.04"W x 4.46"L	1.19"W x 4.95"L	1.35"W x 5.45"L	1.5"W x 5.96"L				Nope	Attach to handle, kit: \$49.95, same as Hope & Her
<b>Syracuse</b>	plastic	0.5"W x 5.88"L	0.69"W x 5.88"L	0.88"W x 5.88"L	1.0"W x 5.88"L	1.13"W x 5.88"L	1.25"W x 5.88"L	1.38"W x 5.88"L		Set of sizes 1,3,5,7	Nope	Looks like candlestick, no end, all the same length, \$77.50 full set, <b>individuals</b> : \$11-\$14
VuvaTech	plastic	0.5"W x 2.75" L	0.75"W x 3.5" L	1.0"W x 4.5"L	1.25"W x 5.5" L	1.5"W x 6.25" L					Nope	\$56, Also has magnetic version?! (for \$195) I could not tell you what the benefit of that is supposed to be
Amielle	plastic	0.6"W x 2.75"L	0.8"W x 3.54"L	1.0"W x 4.33"L	1.2"W x 5.61"L	1.4"W x 6.3"L					Nope	\$44.95, clicks into a handle
Berman Dilators	plastic	0.88"W x 3.48"L	1.02"W x 4.25"L	1.25"W x 5.5" L	1.5"W x 6.38" L						Yes	\$39.95. The sizes of these are listed differently every place I looked. I ended up measuring them myself?! Blergh.
Soul Source Gender Reassignment Surgery Dilators	plastic	0.88"W x 9"L	1"W x 9"L	1.13"W x 9"L	1.25"W x 9"L	1.38"W x 9"L	1.5"W x 9"L				Nope	made from rigid polyurethane. Can be chilled for pain/swelling relief post-op. All the same length, curved

\***Bolded brands allow purchase of individual dilators. Dilators can be found on [www.cmtmedical.com](http://www.cmtmedical.com), Amazon, or the brand's website!**

Created by Jessica Abele, PT & Updated 1/18/22